



# Gig Harbor Peninsula FISH Food Bank and Community Services VOLUNTEER FORM

Thank you for your interest in Peninsula FISH. Please take a minute to fill out this form.

**TITLE:** MR./MRS./MS./Miss/Mx.

**LEGAL NAME:**(First)\_\_\_\_\_ (MI)\_\_\_\_\_ (Last)\_\_\_\_\_

**TELEPHONE:**\_\_\_\_\_ Best time to contact: \_\_\_\_\_ Day/Evening

**ADDRESS:**\_\_\_\_\_

**CITY:**\_\_\_\_\_ **STATE:**\_\_\_\_\_ **ZIP:**\_\_\_\_\_

**E-MAIL ADDRESS:**\_\_\_\_\_

**BIRTHDATE:**\_\_\_\_\_ **WA State Dr Lic:**\_\_\_\_\_

(This information is required to complete a background check through the Washington State Patrol.)

How did you learn about Gig Harbor/Peninsula FISH?\_\_\_\_\_

Describe past/present work experience and volunteer activities:\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Why are you interested in volunteering with FISH?\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

I enjoy \_\_\_\_\_

(Please list what kind of activities you most like to do.)

\_\_\_\_\_

## CHECK THE ITEMS THAT INTEREST YOU:

- FOOD BANK:** Work one 3 ½ hour shift per week, Mon, Wed, Thurs or Fri, shopping with clients, accepting donations, restocking and repackaging  
 One Shift per Week  9:00 am – 12:30 pm, M, W, Th, F (circle day)  
and/or  12:15 pm – 3:45 pm, M, W, Th, F (circle day)  
 On a Standby Basis  3:00 pm – 6:00 pm, After School W or Th (circle day)
- CLOTHING/HOUSEHOLD:** Sorting and organize donated clothing & household items
- SUPERMARKET FOOD COLLECTION:** Collect food and donations at a local super-market, for one hour or more a month on the first Friday or Saturday of the month

-Please continue on the reverse side-

GHP FISH Volunteer opportunities (cont.)

4. ( ) **CLIENT TRANSPORTATION:** Provide urgently needed transportation for clients to Dr, Dentist, Chemo, Food Bank etc. once a month or on-call.
5. ( ) **FINANCIAL AID TEAM:** Work one week per month interviewing clients for possible financial assistance. Training provided.
6. ( ) **STORE TRANSPORTATION:** Work one morning per week or as needed on a standby basis (requires a pickup or truck).

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**OCCASIONAL NEEDS:**

- ( ) **SPECIAL EVENTS:** One day activities to benefit FISH.
- ( ) **SERVE ON ADVISORY BOARD:** Monthly Board meetings, 2<sup>nd</sup> Thursday, 6 pm
- ( ) **CLERICAL:** Writing thank you notes, ( ) Word, ( ) Excel, ( ) QuickBooks.
- ( ) **TRANSLATION:** I am fluent in \_\_\_\_\_(LANGUAGE)
- ( ) **OTHER SKILLS:** (Fund raising, Community relations, Social media, Handyman, Computers) \_\_\_\_\_

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**SEASONAL NEEDS**

**SUMMER:**

( ) **Wilkinson Farm Community Garden:** Helping to plant, weed and harvest produce grown by volunteers at the farm for the food bank.

**WINTER:**

( ) **Christmas Food Baskets:** Count and sort donations, make appointments for distribution day and assist in food bank operations at the food bank from October through December.

( ) **Christmas Toy Drive:** Help prepare for the annual Toy Drive each year at the Gig Harbor Fire Department Operations building near the Women's Correctional Center.

**Photo and Video Use Permission**

Photos and videos may be taken in the food bank and at various food bank related functions and then may be posted on our website, social media, and/or newsletters. Please let the Volunteer Coordinator know if you do not wish to have your picture made public.

I volunteer to be an active member of GHP FISH and to perform the functions checked above to the best of my ability.

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**Signature**

**Date**

Gig Harbor Peninsula FISH Food Bank and Community Services (GHP FISH) is a non-profit organization committed to providing all members of our community equality of opportunity and an inclusive, non-discriminatory environment fostering respect for our clients and volunteers while continuing commitment to our mission.

When you have completed this form, please drop it off at the Food Bank or mail it to:

Gig Harbor Peninsula FISH  
Attn: Volunteer Coordinator, P.O. Box 154, Gig Harbor, WA 98335

Your help is appreciated! Once your Volunteer Form is returned, you will be contacted by the Volunteer Coordinator. As a volunteer, you will receive the bi-annual FISHLINE, a newsletter containing pertinent information about FISH.